

# MOVING VAN SIZING GUIDE

*Trustworthy and Reliable Service*

At Man and Van Hounslow, we know every move is different. Whether you're relocating from a studio flat near Hounslow West or clearing out an office space in Isleworth, choosing the right van can save you time, money, and stress. This guide is designed to help you pick the most suitable vehicle based on what you're moving.

## Van Sizes Explained

Van Size	Best For	Capacity	Example
Small	Light moves, and single-item collections.	up to 600 kg	6–10 boxes, 1–2 small furniture items.
Medium	One-bedroom flat moves	up to 1000 kg	Mattress, bookshelf, TV unit,
Large	1–2 bedroom flat moves or bulkier loads.	up to 1200 kg	2 sofas, fridge freezer, dining table,
Luton	2–3 bedroom house removals	up to 1000 kg (800 kg with tail lift)	Wardrobes, beds, white goods, 40+ boxes.

## Quick Advice Before You Book

- **Unsure about space?** Call or email us with photos – we'll recommend the best fit.
- **Don't pay for more than you need.** A van that's too large can cost extra.
- **Consider access.** Check if your road or loading bay can accommodate larger vans.
- **We offer one or two-man teams.** Great if you need help lifting.

## Contact Information

- **Phone:** 0203 319 6336
- **Email:** [info@man-and-van-hounslow.co.uk](mailto:info@man-and-van-hounslow.co.uk)
- **Website:** [www.man-and-van-hounslow.co.uk/](http://www.man-and-van-hounslow.co.uk/)

## FAQs

**Q: How do I know which van I need?**

A: If you're unsure, just send us a quick list or pictures – we'll help you choose the right size.

**Q: Can you help with lifting and loading?**

A: Yes, we offer one or two-man options. We'll do the heavy lifting so you don't have to.

**Q: Can I book for evenings or weekends?**

A: Absolutely – we work around your schedule, including evenings and bank holidays.

**Q: Is there a minimum time for booking?**

A: Most bookings have a 2-hour minimum. We'll confirm all details when you enquire.

